



*Christ-Centered*  
**DREAM JOURNAL**

"Speak, Lord, for your servant is listening." - 1 Samuel 3:10

Date: \_\_\_\_\_ Time I Woke Up: \_\_\_\_\_

Prayer Before Sleep: \_\_\_\_\_

*Dream Title:*

**The Dream:** *(Write your dream here...)*




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**People in the Dream**

**Key Symbols & Images**

**Emotions Felt:**

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

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- Peace       Joy
- Fear         Fear
- Confusion    Awe \_\_\_\_\_
- Awe          Other: \_\_\_\_\_

**Scripture That Comes to Mind:** \_\_\_\_\_

**Spiritual Discernment:**  
Lord, what are You showing me? \_\_\_\_\_

**Prayer for Understanding:** \_\_\_\_\_  
Seeking Your wisdom, Lord... \_\_\_\_\_

**Reflection & Insights:**

**Grateful Today For:**

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**Dream Sketch:**





*Christ-Centered*  
**DREAM JOURNAL**

*"It is the glory of God to conceal a matter: - Proverbs 25:2*

Date: \_\_\_\_\_ Time I Woke Up: \_\_\_\_\_

Prayer Before Sleep: \_\_\_\_\_

*Dream Title:*

**The Dream:** *(Write your dream here...)*




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**People in the Dream**

**Key Symbols & Images**

**Emotions Felt:**

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

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- Peace
- Joy
- Fear
- Fear
- Confusion
- Awe
- Awe
- Other: \_\_\_\_\_

**Scripture That Comes to Mind:** \_\_\_\_\_

**Spiritual Discernment:**

Lord, what are You showing me? \_\_\_\_\_

**Prayer for Understanding:**

Seeking Your wisdom, Lord... \_\_\_\_\_

**Reflection & Insights:**

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**Grateful Today For:**

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**Dream Sketch:**

